

# DAY-21 : 4th January 2019 : Daily target Study time table for UPSC aspirants

**DAY-21 : 4th January 2019**

**Daily target Study time table  
for UPSC aspirants**

*Note-1 we have Mini test -3*

*Total Questions 30*

*Time 35 Mints only*

*Syllabus for Test*

*Polity M.Laxmikant – Chapter-1 to Chapter 22 Only*

*our passing score would be 62% for freshers*

*experienced 64 %*

*housewife or college or part timer job aspirants -60 %*

*working aspirants 56 %*

*this time u need to prove yourself at ANY COST that u r going to crack all 30 questions (this time we are again going to increase Test level to check your logic and analyzing power)*

*Note-2 Hey guys , we knew that what we are giving ,,its not a mistake from our side.. if we said do reivison,u can think ur self why we are givin same chapter.. becz boss its very important for prelims point of view ( So don't ask in comment section .. just do follow religiously target with no excuses ( If u hv it better think for other online portal... To the point talk.. becz we need ur prelims and mains result in golden words)*

## **DAY-21 : Target time table For Fresher's**

**Shift -1 (target time 2+.30 hours)**

**Chapter- 41. Scheduled and Tribal Area**

**Chapter-42 Election Commission**

**Chapter-43. Union Public Service Commission**

**Chapter 44 State Public Service Commission**

**Chapter-45 Finance Commission**

**Do single reading only ..+ one more time revision ( small small chapter)**

**It's a very important topic for UPSC prelims**

Let start with ( HIT THE HARD Concept) Revision of Spectrum book in shift -1

Chapter-17 : Emergence Of Swarajists, Socialist Ideas, Revolutionary Activites And Other News Forces

Same ( read our short notes 2 times ) now u MUST be recall all points in 2<sup>nd</sup> revision ( if u cannot recall points

+

Same for Hindi medium too

**Shift-2 Newspaper ( 1.30 hours Max)**

( refer our The hindu analysis ) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

**Shift-3 ( 2 to 3 Hours )**

Shift – your mains optional subject -(target time 2 to 3 hours depend on your optional subject .. but try to finish your mains optional subject before 28<sup>th</sup> feb 2019 with at least one time revision ..this should be your target.. however if u hv history or maths etc like subject.. try to complete it atleast 75% syllabus)

**Shift-4 ( 2+.30 hours )**

Same becuz its very factual topic .. so revise 2 times more

Start with modern history

CHAPTER-7 : The Revolt Of 1857

CHAPTER-8 : Socio-Religious Reform Movements : General Features

Read first our short notes 2 times and try to focus on recall

Boss very important chapter. upsc asked enough questions from this chapter ..

for Hindi Medium Chapter-6 : People's Resistance Against British Before 1857 same ..for hindi medium read original book

**Shift-5 ( 1+.30 hour ) ( Eng+ Hindi medium)**

CHAPTER-4

Natural Hazards in India ( Disaster management Topic)

Revision of your short notes 2 times within 60 mints ( this is your target time try to win it)

After that read our ethics short notes chapter-5 two times.. and try to get the idea of the chapter. only ..

for hindi medium

start with desire ias ethics short notes

read page 61 to page 75 .. 2 times and get the idea

**Shift 6 ( 1 hour) ( Eng+ Hindi medium)**

Geography 9 class New NCERT Chapter-3 + revision of chapter -2

Try to read it and underline important stuff .. and focus more on concept

Same for hindi medium

Soon we will start current affairs + PIB+Yojana (don't worry we know each and everything about ur target)

## **Day -21 : Daily Time Table for Experienced Aspirants**

**Shift -1 : (Time target 2 hours)( ENG+HINDI MEDIUM)**

( your mains optional Subject) at least start with your revision once again ( start with Unit-1 to till last unit) .. this pattern will go with you till 31<sup>st</sup> Jan 2019 with 2 times

revision atleast ).. so shift 1 has been booked from our side till 31<sup>st</sup> jan 2019)

Q- why shift -1 for Mains Optional Subject ?...Ans becz optional play important role boss .. (those who finished revision in previous month try to do answer writing practice. try to enrich your points along with current affairs ) ( becz optional will give u super edge in mains exam)

**Shift-2 (target time -> 2 hours)( ENG+HINDI MEDIUM)**

polity laxmikant start with Below Chapters

**Chapter 69. Voting Behaviour**

- 70. Election Laws
- 71. Electoral Reforms
- 72. Anti-Defection Law

Tomrw we will have a golden hours becz we are going to finish this bulky and fat book but like a bible for upsc

See focus more on composition

Read it and after that revise one more time

**Shift-3 Newspaper ( 80 mints Max)**

(refer our The hindu analysis) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

**Shift-4 Spectrum ( time 2 hours) ( ENG+HINDI MEDIUM)**

Modern History Desire IAS short Notes ( no need to read original spectrum book this time..we will cover it later) start with

Chapter-38 : Developments Under Nehru Leadership ( 1947-64)

to revise at least 3 times .. via short notes

Now on this stage u must recall all points

For hindi medium

Same

Try to complete this chapter within 2 hours . and try to focus on recall process

This type of pattern u need to follow

**Shift-5 Ethics ( 1.30 hours) ( ENG+HINDI MEDIUM)**

**English Medium**

**Lexicon Start with ethics Chapter-6 Public/Civil service values and Ethics**

**in Public Administration**

**Q- Where is Chapter-5 ( We will cover it later)**

**This chapter u need to finish with in 3 days (today is your final day )**

**After that think it .. what u have learnt in these pages .. after that read our short notes of chapter chapter-4**

**Hindi medium**

**Note- tomrw we are going to cover abhay kumar book or lexicon book in hindi .. try to arrange it your self**

**See first time we finished desire ias notes**

**Now this is second time we need to finish desire ias notes**

**Start with lexicon or abhey kumar book**

**Lexicon chapter- 1 try to complete it today**

**Abhay kumar chapter-1 try to complete it today**

**And revise it**



**Shift -6 ( 1 hours )**

Start with current affairs august month

V IAS

Read IR

Read only IR section and side by side do underline important terms

For IAS P

## 2. GOVERNMENT ACTS, AND POLICIES AND INTERVENTIONS

Now u will revise one more time.. becz it contains less topic boss

**Shift-7 ( 1 hour)**

Start with Class Geo New NCERT Class 9 Chapter-3 ( Revision)

Read it 3 times ( Which u hv done underline or u already made short notes)

This time u need to focus on recall .. ( dimmag me hone chahiye sabhi points ( all points should be run in your mind while close the book)

# **DAY-21 : Housewife's, part timers- college aspirants (total hours 6 to 7 hours)**

**Shift -1 (target time 1+1 hours)**

• Chapter State Legislature

So single reading and revise one more time ( very hot topic )  
please do more focus on this chapters

**Shift -2 (Time 1.30 hours)( ENG+HINDI MEDIUM)**

(refer our The hindu analysis) and complete the newspaper  
within 90 mints with note making if possible for u ( ur focus  
must be on front page+ national news+ editorials + business  
news+ IR)

**Shift-3 (2 hours ) ( ENG+HINDI MEDIUM)**

Start with Chapter- CHAPTER-4 : Advent Of The Europeans In  
India original book

And try to finish this book with in 2 days ( this is your  
first day )

hindi medium Same

**Shift -4 (1.30 hours ) ( ENG+HINDI MEDIUM)**

Start with your optional subject and try to finish your optional before 31<sup>st</sup> march 2018

**Shift -5 ( 1 hour) ( ENG+HINDI MEDIUM)**

Start with lexicon book chapter-2 Attitude

(this chapter u need to finish within 3 days .. try to complete this chapter within 2 days and give one day for revision ..so today is ur first day ..keep this point in your mint

Revision of our short notes of chapter along with Original book

Hindi medium

Reading our ethics notes in hindi medium

Page-121 to page -135

do 2 times revision

for hindi medium plz arrange ethics lexicon book in hindi or abhay kumar ( we will cover this book after 1 day )

### **Shift-6 ( 1 hours)**

Now we will read Current affairs of October month

For V IAS

Read IR section

For IAS P

#### **2. GOVERNMENT ACTS, AND POLICIES AND INTERVENTIONS y**

Read all topic and try to revise it

## **Day-21: Working aspirants Daily Targets (only 4.30 to 5 hours in day)**

**Shift -1 Early morning ( target Time 1.30 hours)( ENG+HINDI MEDIUM)**

▪ Chapter Topic- State Council of Ministers

Do single reading .. along with serious reading

Revise governor topic once again

**Shift -2 (Target Time 60 mints) ( ENG+HINDI MEDIUM)**

focus more on our The Hindu Daily analysis (what to read and what not to read , ,and try to make online notes( do copy and Paste) try to complete within one hours ( focus more on editorials + case study+ notes for mains )

**Shift-3 ( 1 hours)( ENG+HINDI MEDIUM)**

Start with spectrum original book Chapter-20 : Debates On The Future Strategy After Civil Disobedience Movement

Read our short notes two times or 3 times today thatwhy we are giving one hour time

Tomrw we will try to cover original book

**Shift -4 ( 30 mints hour)**

For V IAS followers

Start with social part ( u need to complete this topic within 2 days and today is 2<sup>nd</sup> day)

For IAS P followers

10. INFRASTRUCTURE

11. AGRICULTURE

Do single reading

**Shift-5 ( target time 30 mints)**

Quick revision of our ethics notes . chapter-5 ( one times )

For hindi medium

Desire ias short notes of ethics . which is made from different resources

Page 101 to page 115 only

Try to read it.. becz we wrote in very simple hindi medium

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**28th December 2018-The Hindu  
Analysis=What to Read & What**

# to Skip

## The Hindu Analysis

### What to Read & What to Skip

28th December 2018

**Just Read These News, No need to Make Any Notes**

Front Page- Amid protests, triple talaq Bill passed (GS-1,GS-2)

Page-4 Topic- 'HC notice to lawyer who 'slapped' judge (GS-2)

Page-6 Topic-Hooda serves defamation notice on Haryana Cooperatives Minister (GS-2)

Page-7 Topic- Delayed FIR: SC backs witness (GS-2)

Page-7 Topic-Don't consider intention of accused before probe: SC ( GS-2)

Page-10 Topic- Shah Bano case echoes in LS (GS-2)

Page-10 Topic-SC didn't mandate govt. to frame triple talaq law( GS-2)

Page- 11 Topic- MEA upbeat over ties with China (GS-2)

Page-11 Topic- NIA gets 12-day custody of accused ( GS-3)

Page-11 Topic- Bhutan to focus on development (GS-3)

**Reading these News along with making Notes : 20 to 70 Words**

## **for Each Topic**

**Page-7 Topic-River Dolphins go missing in Sunderbans as water salinity rises (GS-1)**

**Page-8 Topic- Adivasi group moves NHRC on sedition law (GS-2)**

**Page-13 Topic- Traders welcome new ecommerce rules(GS-3)**

**Page-13 Topic- New norms to help local retailers (GS-3)**

**Page-13 Topic-Fiscal deficit touches 115% of target ( GS-3)**

## **Case Study or Examples or Quotes for Mains Exam (Make Notes : 20 to 30 Words)**

**Page-7 Topic 5 tourist spots to get audio guides via app (GS-3,GS-2)**

**Page-9 Topic- Trolls are still winning (GS-3)**

**Page-13 Topic 'Rising costs, muted prices may dent tea firms' margins (GS-3)**

**Page-18 Topic-' Bees can count with four brain cells: study ( GS-3)**

## **Editorials (Notes making less than 100 Words)**

**Page-9 : Topic- India needs 'individual acts of bravery (GS-1)( Make notes)**

**Page-8 Topic- Snooping or saving? (GS-2)( Make Notes)**

**Page-8 Topic- Battle for Dhaka ( GS-2) ( Just Read It)**

**Page-9 Topic-Are India's laws on surveillance a threat to privacy ( GS-2,3) (Make Notes)**



**Some Numbers or Facts for Mains Exam( If Its Possible for You, Can be Quoted in Any Sections of GS Mains Or Your Optional Subject)**

**Page-7 Topic-Virudhunagar shines in development**

**Page-18 Topic-Indians suffer pay gap in U.K., shows report**

### **LATEST UPDATE**

**Centre extends deadline to update NRC (GS-1,GS-2) (Page-10)(Make Notes)**

**Khalistan Liberation Force banned Page-11)**

### **Prelims News**

**Front Page -Topic – PM opens Bogibeel Bridge, India's longest**

*Some topic also found In Today Newspaper which is important for prelims*

- Topic- Dal Lake (Front Page)
- Topic- Meghalaya All Hills (Front Page)

**Topic-Chetak Festival ( Page-4)**

**Topic-Bandipur Tiger Reserve (Page-5)**

### **Mapping for Prelims**

**Bangladesh( Page-12)**

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# Day-14 : 28th December 2018 :Daily Time table target for UPSC Aspirants

**Day-14 : 28th December 2018**

*Daily Time table target for  
UPSC Aspirants*

Motivation of the day Quote-

*“Successful and unsuccessful people do not vary greatly in their abilities. They vary in their desires to reach their potential.*

उत्सुकता ही यशस्वी व असफलता ही अपयशस्वी का कारण नहीं है। यशस्वी और असफलता का अंतर उनके क्षमताओं में नहीं, बल्कि उनके यशस्वी होने के लिए उनकी इच्छा में है।

## Day -13: Target for Fresher's

### 27th December 2018

**Shift -1 (target time 1+1 hours)**

Chapter-26. Supreme Court

## Chapter-27. Judicial Review

Do single reading only ..after that revise chapter-26 supreme court and try to focus on recall process

Let start with ( HIT THE HARD Concept) Revision of Spectrum book in shift -1

Chapter-10: Beginning Of Modern Nationalism In India (Spectrum Book – A Brief Modern History of India – Short Notes) ( read our short notes 2 times ) .. don't ask with us .. why ... just read it 2 times.. now u MUST be recall all points in 2<sup>nd</sup> revision of chapter 10.. ..Got it ?

Do single reading only ..and try to focus on recall process

Same for Hindi medium too

**Shift -2 ( target time 2 hours hour )( ENG+HINDI MEDIUM)**

Chapter-25 :Independence With Partition

( only single reading..) + do revision of our short notes .. (one more revision)

+

Chapter-1:

Sources For The History Of Modern India + do revision of our

**short notes .. (one more revision)**

**we have given u short notes ,but make factual notes for prelims only ( like one-liner type) (your notes must be finish within 1 page)**

**for hindi medium.. spectrum notes in process.. we will try to give u soon.. ( so u can read original book i.e. spectrum by rajiv ahir Chapter-25 :Independence With Partition**

**( only single reading..) + do revision of our short notes .. (one more revision)**

**+**

**Chapter-1:**

**Sources For The History Of Modern India + do revision of our short notes .. (one more revision)**

**try to underline important points in the book..**

**after reading revise it one more time**

**Shift-3 Newspaper ( 1.30 hours Max)**

**( refer our The hindu analysis ) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)**

**Shift -4 your mains optional subject -(target time 2 to 3 hours depend on your optional subject .. but try to finish your mains optional subject before 28<sup>th</sup> feb 2019 with at least one time revision ..this should be your target.. however if u hv history or maths etc like subject.. try to complete it atleast 75% syllabus)**

**Shift -5 (2 hours ) (ENG+HINDI MEDIUM)**

**Start with September magazine**

**For V IAS Followers**

**Science and tech Topic**

**Read – ( Do only Single Reading with try to do underline the important stuff ( this is both for eng+hindi medium)**

**Revise it two times more ( yes 2 times more boss)**

**For IAS P**

**Read these section**

10. INFRASTRUCTURE
11. AGRICULTURE
12. SCIENCE & TECHNOLOGY

**After that do revise one more time and try to underline important stuff**

**Revise it two times more ( yes 2 times more boss)**

**Shift-6 ( 1 hour ) ( Eng+ Hindi medium)**

**CHAPTER-3**

**Natural Hazards in India**

Try to complete this topic within 4 days .. ( today is the first day) ( for download kindly check our telegram.. we have shared the files . try to get it latest 2018 notes)

and plz make short notes of ur revision purpose .. becz if u r going to underline all stuff.. its difficult to revise it in mains exam

So better make very concise notes.. ur focus must be on problem .+ impact + suggestions

Same for hindi medium

**Shift-6 ( 1 hour ) ( Eng+ Hindi medium)**

read our ethics short notes chapter-1 two times.. and try to get the idea of the chapter.. only ..dont focus on recall ..just try to understand the chapter first.. revision toe hum karwa hi denge ☐

for hindi medium

start with desire ias ethics short notes

read page 1 to page 15 .. 2 times and get the idea

# Day -14 : Daily Time Table for Experienced Aspirants

**Shift -1 : (Time target 2 hours)( ENG+HINDI MEDIUM)**

( your mains optional Subject) at least start with your revision once again ( start with Unit-1 to till last unit) .. this pattern will go with you till 31<sup>st</sup> Jan 2019 with 2 times revision atleast ).. so shift 1 has been booked from our side till 31<sup>st</sup> jan 2019)

Q- why shift -1 for Mains Optional Subject ?...Ans becz optional play important role boss .. (those who finished revision in previous month try to do answer writing practice. try to enrich your points along with current affairs ) ( becz optional will give u super edge in mains exam)

**Shift-2 (target time -> 2 hours)( ENG+HINDI MEDIUM)**

polity laxmikant start with

- 34. High Court
- 35. Subordinate Courts
- 36. Special Provisions for Some States

Leave j& k chatper.. ( we knw everything )

Do revision of

Can be finished in 2 hours becz u already skipped useless points before ...

After that try to revise it one more time

**It's a very important topic for upsc prelims**

**Shift-3 Newspaper ( 80 mints Max)**

**(refer our The hindu analysis) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)**

**Shift-4 Spectrum ( time 2 hours) ( ENG+HINDI MEDIUM)**

**Modern History Desire IAS short Notes ( no need to read original spectrum book this time..we will cover it later) start with**

**Chapter-9 : A General Survey Of Socio- Cultural Reform Movements**

**Do revision 2 times within 2 hours .. becz it's a very factual chapter ( and very important for prelims + mains)**

**For hindi medium**

**Chapter-9 : A General Survey Of Socio- Cultural Reform Movements**

**Try to complete this chapte within 2 hours . and try to focus on recall process**



**This type of pattern u need to follow**

**Shift -5 ( 2 hours )( ENG+HINDI MEDIUM)**

**V IAS followers**

**Start with Sep month current affair do Reading with economic section**

**Science and tech + Security**

**Revise one more time means one time reading+ one time revise**

**For IAS P**

**Read**

9. INFRASTRUCTURE)( **single reading but try to underline all important stuff**
10. AGRICULTURE
11. SCIENCE & TECHNOLOGY

**If times allow do one more revision**

**Shift-6 Ethics ( 1.30 hours) ( ENG+HINDI MEDIUM)**

**English Medium**

**Lexicon Start with ethics chapter -2 finished this chapter**

**After that think it .. what u have learnt in these pages ..**

after that read our short notes of chapter 2

Hindi medium

Start with desire ias ethics notes handwritten page 136 to 157 pages only

If possible try to revise one time ..and your focus must be on recall boss

**Shift-7 ( 1 hours yes shift -7 boss .. now we have to go with HIT THE HARD concept)**

Start with Society printed study material Notes ( V IAS notes ) read

Starting with page 21to 30 pages ....

Try to make short notes... ( like focus more on key words ) ( Becz it will helpful for ur mains exam

**DAY-13 : Housewife's, part timers-  
college aspirants (total hours 6 to  
7 hours)**

**Shift -1 (Target time 2 hours )( ENG+HINDI MEDIUM)**

Start with Chapter- 22. Parliament (revision) .. u need to revise this chapter within 2 days ( this is the first day)

**Shift -2 (Time 1.30 hours)( ENG+HINDI MEDIUM)**

(refer our The hindu analysis) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

**Shift-3 (2 hours ) ( ENG+HINDI MEDIUM)**

Start with Chapter-24 : Post War National Scenario

with our short notes of spectrum and read it 2 times after that read original spectrum and finished the chapter ( Chapter-24 we will read this original chapter tomrw) so today just read our short notes first ..and get the idea

**hindi medium**

Start with Chapter-24 : Post War National Scenario and try to underline important stuff.. and try to complete it today .. we will do revision tomrw

**Shift -4 (1.30 hours ) ( ENG+HINDI MEDIUM)**

Start with your optional subject and try to finish your optional before 31<sup>st</sup> march 2018

**Shift -5 ( 1 hour) ( ENG+HINDI MEDIUM)**

Ethics Reading our short notes of chapter -5 ( english medium) for 2 times

Revise chapter -3 for one more time

Hindi medium

Reading our ethics notes in hindi medium

Page-61 to page -75

do 2 times revision

**Day-14: Working aspirants Daily Targets(only 4.30 to 5 hours in day)**

**Shift -1 Early morning ( target Time 1 hours)( ENG+HINDI MEDIUM)**

Chapter 18. Vice-President

19. Prime Minister

Do single reading .. along with serious reading

**Shift -2 (Target Time 60 mints) ( ENG+HINDI MEDIUM)**

focus more on our The Hindu Daily analysis (what to read and what not to read ,,and try to make online notes( do copy and Paste) try to complete within one hours ( focus more on editorials + case study+ notes for mains )

**Shift-3 ( 1.30 hours)( ENG+HINDI MEDIUM)**

( Same process) read it one more time

becz we know that its time killing chatper

Start with spectrum Chapter-18 : Simon Commission And The Nehru Report read original book and .. and try to focus on what u hv learnt from this chapter .. ask yourself.. what I had learnt from this chapter.. this type of cross questions will give u good reward in prelims

after revise our short notes of Chatper-17

**Shift -4 ( 1 hour)**

For V IAS followers

Complete economic section with single reading ...

For IAS P followers

Read

3. INDIA AND ITS NEIGHBOURHOOD..
4. BILATERAL RELATIONS
5. INTERNATIONAL ISSUES

Do single reading

**Shift-5 ( target time 30 mints)**

read our ethics short notes i.e. is made from Lexicon book  
chapter-5

Try to finish single reading ..and if u will get the more  
time.. please revise it again.. ( don't worry we will not  
considering like this is your 2<sup>nd</sup> time revision)

For hindi medium

Desire ias short notes of ethics . which is made from  
different resources

Page 51 to page 60 only

Try to finish single reading and if u will get the more time..  
please revise it again.. ( don't worry we will not considering  
like this is your 2<sup>nd</sup> time revision)

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# **25th December 2018 : The Hindu Analysis : What to Read & What to Skip**

## **The Hindu Analysis**

### **What to Read & What to Skip**

**25th December 2018**

**Just Read These News, No need to any Make Notes**

Front Page- Nawaz Sharif gets jail for 7 years in corruption case (GS-2)

Page-4 Topic- Bring digital transactions under Consumer Act, says Goa Minister (GS-2)

Page-5 Topic- FMD control will not be easy for Kerala (GS-2)

Page-10 Topic- No easy passage for triple talaq Bill (GS-2,GS-1)

Page- 11 Topic- Review plea filed in SC on Aadhaar (GS-2)

Page-11 Topic- Ayodhya hearing on Jan. 4 ( GS-2)

Page-12 Topic- Order signed for U.S. withdrawal from Syria(GS-2)

Page-12 Topic- No orders received on Afghan drawdown ( GS-2)

**Reading these News along with making Notes : 20 to 70 Words for Each Topic**

Front Page- Topic Centre wants fake news traced (GS-2,GS-3)

Page-4 Topic- State departments wary of bullet train losses: RTI reply(GS-3)

Page-5 Topic- 'Localised tsunamis difficult to detect'(GS-3)

Page-13 Topic- 97.5% of items in or under 18% GST slab'( GS-3)

**Case Study or Examples or Quotes for Mains Exam (Make Notes : 20 to 30 Words)**

Page-2 Topic : Row over burial of Bible shuts Nagaland church (GS-1)

Page-4 Topic- Low rank exposes State's hollow claims on startups, says Chavan (GS-3)

Page-5 Topic Woman's father, brother held for 'honour killing' (GS-1)

**Editorials (Notes making less than 100 Words)**

Page-8 : Topic- The case against surveillance (GS-2,GS-3)( Make notes)

Page-8 Topic Course correction?(GS-3)( Just Read it)

Page-8 Topic- A solution in search of a problem ( GS-2) (Make Notes)



**Page-8 Topic- A disquieting exit ( GS-2) ( Just Read it)**

**Page-9 Topic- The decades that transformed China ( GS-2,GS-3)(  
Make Notes)**

**Page-9 Topic- Implementing NOTA in the right spirit ( GS-2) ( Make Notes)**

**Some Numbers or Facts for Mains Exam( If Its Possible for You, Can be Quoted in Any Sections of GS Mains Or Your Optional Subject)**

**Page-18 Topic- Digging deep: Singapore plans an underground future**

### **LATEST UPDATE**

**Indian firm takes over Chabahar operations**

### **Prelims News (Choose Any 5 Topics)**

**Page -7 Topic – Bogibeel: from ‘small’ to big**

**Page-12- Topic- Indonesia tsunami toll climbs to 373**

**Page-18 Topic- New Horizon hurtles toward historic flyby**

**Page-18 Topic- Scientists ‘sew’ with just sound waves**

**Some Key Words(Not Topic) also found In Today Newspaper which is important for prelims**

- **Topic- State Election Commission ,(page-9)**
- **Topic- NOTA (Page-9)**
- **Topic- Forest Rights Act (FRA), 2006, (IORA). ( Page-9)**
- **Topic- NATO (Page-12)**

## Mapping for Prelims

- Brahmaputra River ( Page-7)
  - Sunda strait ( Page-12)
  - Syria border countries ( Page-12)
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# IAS 2019 Day-4 (18th December 2018) : Desire IAS- Tuesday TARGET For UPSC Aspirants

## Day-4 (18th December 2018)

## Desire IAS: Tuesday TARGET

### Target for Fresher's

*In shift 1 (target time 2+1 hours)*

start with laxmikant Chapter-7 Fundamental Rights ( All Chapter is Hot Topic)

skip citizenship chapter right now.. we will cover it later

Boss please focus on each and every words .. its very important topic for upsc prelims + mains + interview

Don't make notes of any topic. just read it and revise it in your mind ( one times)

Take printout of below topic and keep it with u aside boss ( Don't Make Notes)

We know that today task little bit lengthy... But u hv to complete it this task at any cost

Table 7.1 *Fundamental Rights at a Glance*

Table 7.2 *Fundamental Rights (FR) of Foreigners*

Table 7.4 *Articles Related to Fundamental Rights at a Glance*

**Shift -2 ( target time 2 hours)**

start with spectrum modern history notes read our short notes Chapter-13 : First Phase Of Revolutionary Activities ( 1907-1907)(

(read one time) after that read original spectrum Chapter-13 : First Phase Of Revolutionary Activities ( 1907-1907)

(no need to make notes.. we have given u short notes ,but make factual notes for prelims only ( like one-liner type) (your notes must be finish within 2 page)

for hindi medium.. spectrum notes in process.. we will try to give u soon.. ( so u can read original book i.e. spectrum by rajiv ahir Chapter-13 : First Phase Of Revolutionary Activities ( 1907-1907)..try to underline important points in the book..

**Shift -3 your mains optional subject -(target time 2 to 3 hours depend on your optional subject .. but try to finish your mains optional subject before 28<sup>th</sup> feb 2019 with at least one time revision ..this should be your target)**

**Shift -4 ( 2.30 hours)**

start with Current Affairs October month

Economic topic –from 3.8 ISHERIES & AQUACULTURE INFRASTRUCTURE DEVELOPMENT FUND till last economic topic.. ( Try to finish first reading ..we know it is having more pages )

Day -4 finished enjoy the time ..good luck

## **Day -4 : Daily Time Table for Experienced Aspirants**

**Shift -1 : (Time target 2 hours)**

( your mains optional Subject) at least start with your revision once again ( start with Unit-1 to till last unit) .. this pattern will go with you till 31<sup>st</sup> Jan 2019 with 2 times revision atleast ).. so shift 1 has been booked from our side till 31<sup>st</sup> jan 2019)

Q- why shift -1 for Mains Optional Subject ?...Ans becZ optional play important role boss .. (those who finished revision in previous month try to do answer writing practice. try to enrich your points along with current affairs ) ( becZ optional will give u super edge in mains exam)

## **Shift-2 ( target time -> 2+1 hours)**

### **Chapter-8 Directive Principles of State Policy**

Take printout of Table 8.2 *Articles Related to Directive Principles of State Policy at a Glance..and keep it with u*

### **Chapter-9 Fundamental Duties**

### **Chapter-10 Amendment of the Constitution**

### **Chapter-11 Basic Structure of the Constitution**

*Revision at least 2 times in your mind..otherwise.. u r doing time pass.. leave this timetable.. so u must be revise 2 times.. sorry for Hard words ...*

## **Shift-3 Spectrum ( time 2 hours)**

**Modern History Desire IAS short Notes ( no need to read original spectrum book this time..we will cover it later) start with Chapter-16 : Non-Cooperation Movement And Khilafat Aandolan**

**along with 2 Revision**

**your Focus must be in recall process ( what u hv read ..just tell in front of mirror ) what u had learnt today ..thats all)**

## **Shift -4 ( 2.30 hours )**

**start with Current Affairs October month**

**Topic Environment + Security ( complete this topic) we will try to give u short notes for prelims only**

**So your focus should be on prelims cum mains approach**

Day -4 task has been finished. Enjoy Boss( have party with Tea J)

## **Day-4 :Working aspirants Daily Targets(only 4.30 to 5 hours in day)**

### **Shift -1 Early morning ( target Time 2 hours)**

start with laxmikanth and read Chapter-4

Preamble of the Constitution

Chapter-4 Union and its Territory

Focus area New States and Union Territories Created After 1956  
( try to analysis pattern)

just read it

### **Shift -2 (Target Time 60 mints)**

focus more on our The Hindu Daily analysis(what to read and what not to read ,,and try to make online notes( do copy and Paste) try to complete within one hours ( focus more on editorials + case study+ notes for mains )

### **Shift-3 ( 1.30hours)**

Start with spectrum Chapter-13 : First Phase Of Revolutionary

## Activities

with our short notes of spectrum and read it 2 times after that read original spectrum and read

**shift -4 (Target 30 Mints)**

start with Current Affairs October month

start with economic section and read starting 5 topics only ( try to underline some important point)

Rest Leave it... (Day-4 Target finished)

## **DAY-4 : Housewife's, part timers- college aspirants (total hours 6 hours)**

**Shift -1 (Target time 2+1 hours )**

start with polity M. Laxmikanth( 5<sup>th</sup> Edition) chapter -7 :  
Fundamental Rights

Boss please focus on each and every words .. its very  
important topic topic for upsc prelims + mains + interview

Don't make notes of any topic. just read it and revise it in  
your mind

### **Shift -2 (Time 90 mints)**

focus more on our The Hindu Daily analysis ,,and try to make online notes( do copy and Paste) try to complete within 90 mints

### **Shift-3 (2 hours)**

– Start with spectrum Chapter-13 : First Phase Of Revolutionary Activities

with our short notes of spectrum and read it 2 times after that read original spectrum and read

( Just read it)

### **Shift -4 (2 hours)**

October month current affairs (Economic Section ) ,, don't make notes ...just read it

3.1. POVERTY AND SHARED PROSPERITY 2018 to 3.7. RURAL HAATS IN GRAM SCHEME

Complete rest economic part .. first reading only

Rest Leave it... ( Day -4 Target finished)



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# **04th December 2018 : Daily MCQ for UPSC CSE Exam (Answers)**

## **Daily MCQ for UPSC CSE Exam**

**04th December 2018**

**Q-In which of the following Indian valley, the early hominid fossil has been found?**

- A-Indus valley**
- B-Narmada valley**
- C-Gangetic valley**
- D-All of the above**

**MCQ Source -OLD NCERT -Desire IAS Short Notes Chapter-4  
: Geographical Setting -**

**Ans-B**

**Exp-**

- **The fossils of various periods and stages of human development have been found from many parts of the world like Africa, China, Java, Sumatra and southern Europe.**
- **Unfortunately, due to the climatic conditions, except the solitary find of a hominid fossil from Hathnaura in the Narmada Valley, no early human fossils have been found in India.**
- **According to the experts the estimated cranial capacity of this fossil is equal to 'that of homo erectus. However, some scholars feel that it may belong to the**

last phase of Homo erectus, or an 'archaic' homo sapien.

Q-From which of the following Indian archaeological site the earliest stone tools have been found?

- a. Lothal
- b. Sindh
- c. Bori
- d. Kabul

MCQ Source -OLD NCERT -Desire IAS Short Notes :Chapter-7  
: Human Evolution: The Old Stone Age

Ans-C

Exp-

- In India, unfortunately, no human fossils have been found associated with Stone Age tools but we do have some idea of the antiquity of tools from the geological datings.
- The various strata of the Sivalik hills containing stone tools have been dated between 2 m.y. and 1, 2 m.y.
- Another scientific date for the early stone tools came from the archaeological site of Bori in Pune district of Maharashtra which is 1.38 m.y old.
- When we assess the evidence for early human settlement in India we find that it is later than that in the African region, but contemporary to the rest of the Asian countries.

Q-Which of the following pairs is correctly matched?

- a. Lower Palaeolithic – Tools made on flakes and blades
- b. Middle Palaeolithic- Tools made on flakes
- c. Upper Palaeolithic- Handaxe and cleaver industries
- d. All of the above

MCQ Source -OLD NCERT -Desire IAS Short Notes : Chapter-8  
: The Neolithic Age: First Food Producers and Animal Keepers

Ans-C

Exp-

The Palaeolithic Age in India is divided into three phases, based on tool technology. These phases are:

- (i) Lower Palaeolithic- Handaxe and cleaver industries
- (ii) Middle Palaeolithic- Tools made on flakes
- (iii) Upper Palaeolithic- Tools made on flakes and blades

Q-Consider the following statements regarding the tools of the Lower Palaeolithic culture:

- 1-The main tool types in this phase were hand axes and cleavers, along with chopper-chopping tools.
- 2-The stones were made both on cores as well as flakes.
- 3-The raw materials used for making these stone tools 'are of various kinds of stone, like quartzite, chert and sometimes even quartz and basalt, etc.

Which of the following statement(s) is/are correct?

- a. Only 1
- b. Only 1,2
- c. Only 2,3
- d. All of the above

MCQ Source -OLD NCERT -Desire IAS Short Notes : Chapter-8  
: The Neolithic Age: First Food Producers and Animal Keepers

**Ans-D**

**Exp-**

- The main tool types in this phase were hand axes and cleavers, along with chopper-chopping tools. They were made both on cores as well as flakes.
- Lower Palaeolithic sites are of several types: habitation sites (either under rock-shelters or in the open; factory sites associated with sources of raw materials; sites that combine elements of both these functions; and open air sites in any of these categories subsequently.
- The raw materials used for making these stone tools 'are of various kinds of stone, like quartzite, chert and sometimes even quartz and basalt, etc.

**Q-Consider the following statements regarding the stretch of sites of Lower Palaeolithic culture:**

1. The sites have been widespread in Sivalik range of Kashmir and Himachal Pradesh, Punjab, Belan valley in Uttar Pradesh.  
II. The stretch was also in Berach basin and the hilly area of Rajasthan, and Narmada and Sone valleys in Madhya Pradesh, Malprabha and Ghatprabha basins in Karnataka.  
III. It was also in several areas of Maharashtra, areas near Chennai in Tamil Nadu and Chhota Nagpur plateau, and in areas of Orissa, West Bengal and Madhya Pradesh.

**Which of the following statement(s) is/are correct?**

- a. Only 1
- b. Only 1,2
- c. Only 2,3
- d. All of the above

MCQ Source -OLD NCERT -Desire IAS Short Notes : Chapter-8  
: The Neolithic Age: First Food Producers and Animal Keepers

Ans-D

Exp-

- The sites have been widespread in Sivalik range of Kashmir and Himachal Pradesh, Punjab, Belan valley in Uttar Pradesh, Berach basin and the hilly area of Rajasthan, and Narmada and Sone valleys in Madhya Pradesh, Malprabha and Ghatprabha basins in Karnataka, several areas of Maharashtra, areas near Chennai in Tamil Nadu and Chhota Nagpur plateau, and in areas of Orissa, West Bengal and Madhya Pradesh.

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## **29th November 2018-Daily MCQ for UPSC CSE Exam Based on Current Affairs**

**Daily MCQ for UPSC CSE Exam Based  
on Current Affairs**

**29th November 2018**

Q-Consider the following statements

1-India that was placed in a uniquely advantageous position

because 65 per cent of the population is below the age of 35 years,

2- Globally, more than 300 million people of all ages suffer from depression

Select the correct answer using the code given below:

A-Only 1

B- Only 2

C- Both are Correct

D- None of the Above

MCQ Source- 28<sup>th</sup> PIB News Analysis, Topic- A National Suicide Prevention Strategy is the need of the hour: Vice President

Q-Consider the following statements

1-11th BRICS Summit to be hosted by Brazil in 2019

2-BRICS countries come from Asia, Africa, Europe and America and are all members of the G20

3-Together, the nations account for IMF voting power 35 per cent of quota shares.

Select the correct answer using the code given below:

A- Only 1,3

B- Only 1,2

C- Only 2,3

D- All of the Above

**MCQ Source- 28<sup>th</sup> PIB News Analysis,  
Topic- Text of PM's address at the  
BRICS Leaders Informal Meeting on the  
sidelines of the G-20 Summit**

Q-Consider the following statements regarding Green Climate Fund (GCF)

1-The Green Climate Fund (GCF) is a fund established within the framework of the UNDP to assist developing countries in adaptation and mitigation practices to counter climate change.

2-The GCF is based in the new Songdo district of Incheon, South Korea.

Select the correct answer using the code given below:

A-Only 1

B- Only 2

C- Both are Correct

D- None of the Above

**MCQ Source- 28<sup>th</sup> PIB News Analysis,  
Topic- Text of PM's address at the  
BRICS Leaders Informal Meeting on the  
sidelines of the G-20 Summit**

Consider the following statements:

1. The eight core industries comprise 70% of the weight of items included in the Index of Industrial Production (IIP)
2. The current base year of IIP is 2011-2012

Choose the correct statements from the option given below:

- A-Only 1
- B- Only 2
- C- Both are Correct
- D- None of the Above

MCQ Source- 28<sup>th</sup> PIB News Analysis,  
Topic-

Index of Eight Core Industries (Base:  
2011-12=100) October, 2018

Q-Arrange following peaks in decreasing order of their height:

1. Mount Everest
2. Kanchenjunga
3. Makalu
4. Lhotse

Choose the correct code:

- A-1, 2, 3, 4
- B-1, 2, 4, 3
- C-1, 3, 2, 4
- D- 1, 4, 2, 3

MCQ

Source-[https://en.wikipedia.org/wiki/List\\_of\\_Himalayan\\_peaks\\_a](https://en.wikipedia.org/wiki/List_of_Himalayan_peaks_a)



# **21 November 2018 : The HINDU Newspaper Daily Analysis : What to Read ?**

**21 November 2018**

## **The HINDU Newspaper Daily Analysis What to Read ?**

**[www.DesireIAS.com](http://www.DesireIAS.com)**

**These below news just read it .. don't make notes**

**Front Page-Topic-Miffed SC adjourns hearing in Alok Verma case to Nov. 29 (GS-2)**

**Front page- 34 years after antiSikh riots, man sentenced to death ( GS-2 or GS-4)**

**Page-3 Topic- Centre didn't deliver on promises, says MP ( GS-2 or Gs-3)**

**Page-3 Topic- Stop atrocities on Dongria Kondh tribals (GS-2 or GS-)**

**Page-3 Parents cannot interfere in lives of married couple: HC ( GS-1 or GS-4)**

Page-6 Topic- Charges framed against Hardik, two others in sedition case (GS-2)

Page-7 Topic- Gaja several times more devastating than Thane (GS-1 or GS-3)

Page-10 Topic-BASIC nations push for 'climate finance (GS-1 or GS-2 or GS-3)

Page-10 Topic-Cases under SC/ST Act not false (GS-2 or GS-1)

Page-10 Topic-Row over RBI defaulter list persists (GS-2 or GS-3)

Page-12 Topic-Some Saudi royals turn against MBS (GS-2)

Page-13 Topic-Board committees to assist RBI(GS-3)

Page-13 Topic-Capital deadline extension credit negative: Moody's(GS-3)

Page-13 Topic-Q2 GDP growth to slow to 7.2% on higher fuel prices, weaker rupee: ICRA (GS-3)

**Reading news with making Notes ( for Mains Exam)**

Page-6 Topic- Odisha House passes 33% reservation for women (GS-1 or GS-2)

Page-7 Topic- *Farmers badly hit by demonetisation: Agriculture Ministry (GS-3)*

Page-7 Topic- India, Russia to build stealth frigates (GS-2 or Gs-3)

Page-9 Topic-The Maine example ( Make Notes)

Page-13 Topic-More than half of gas-based power plants 'stranded' (GS-3)

## **Case Study or Few Examples for Mains Exam**

**Page-5 Naidu launches 'Bhudhaar' in A.P. (GS-1 or GS-3)**

**Page-7 Topic- Outrage after Twitter CEO holds 'antiBrahmin'poster (GS-1)**

**Page-16 Topic- Women may soon fight without headgear (GS-1 or GS-3)**

## **Editorials**

**Page-8 Topic- Make it the Indian way (GS-3)( Make Notes)**

**Page-8 Amid institutional decline ( GS-2) (Make Notes)**

**Page-8 Topic- When giants clash ( GS-2) (Make Notes)**

**Page-9 Topic-Pollution is now a political subject, that has been its big success' ( just Reading Because COP 24 will be held in December 2018.. so more News will come in December month)**

**Page-9 Data ( Very Important) (GS-2)**

## **Prelims**

**Page-5 Topic-Singapore backs India in patrol of Malacca Straits**

**Basel Norm ( With 360 Degree)**

**COP and UNFCCC History**

**APEC**

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# 16th November Daily MCQ based on Current Affairs ( Answers)

## 16th November Daily MCQ based on Current Affairs

Q-Consider the following statements regarding National Company Law Appellate Tribunal (NCLAT)

1-The Central Government has constituted National Company Law Tribunal (NCLT) under Companies Act, 2015.

2-The National Company Law Tribunal NCLT is a quasi-judicial body,

3-The Tribunal does not have powers to regulate its own procedures.

Choose the correct answer using the code given below:

A- Only 1,2

B- Only 2

C- Only 3,2

D- Only 3

MCQ Source – 16th November 2018, The Hindu Newspaper,Page-13

Topic-Binani Cement: Dalmia Bharat moves SC against NCLAT order

Ans-B

Exp-

The establishment of the National Company Law Tribunal (NCLT) consolidates the corporate jurisdiction of the following authorities:

- 1. Company Law Board
- 2. Board for Industrial and Financial Reconstruction.

3. The Appellate Authority for Industrial and Financial Reconstruction.
4. Jurisdiction and powers relating to winding up restructuring and other such provisions, vested in the High Courts.

In the first phase the Ministry of Corporate Affairs have set up eleven Benches, one Principal Bench at New Delhi. These Benches will be headed by the President and 16 Judicial Members and 09 Technical Members at different locations.

### **Powers of NCLT**

The NCLT has been empowered to exercise the following powers:

1. Most of the powers of the Company Law Board under the Companies Act, 1956.
2. All the powers of BIFR for revival and rehabilitation of sick industrial companies;
3. Power of High Court in the matters of mergers, demergers, amalgamations, winding up, etc.;
4. Power to order repayment of deposits accepted by Non-Banking Financial Companies as provided in section 45QA of the Reserve Bank of India Act, 1934;
5. Power to wind up companies;
6. Power to Review its own orders.

The NCLT shall have powers and jurisdiction of the Board for Industrial and Financial Reconstruction (BIFR), the Appellate Authority for Industrial and Financial Reconstruction (AAIFR), Company Law Board, High Courts relating to compromises, arrangements, mergers, amalgamations and reconstruction of companies, winding up etc. Thus, multiplicity of litigation before various courts or quasi-judicial bodies or forums have been sought to be avoided. The powers of the NCLT shall be exercised by the Benches constituted by its President.

Q-Consider the following statements regarding Fitch Credit Rating

1-Recently Fitch Refusing to upgrade India's credit rating for the 12th year in a row, and retained its sovereign rating at 'BBB+', the lowest investment grade with a stable outlook.

2- CREDIT RATINGS is Also called debt rating, this is a method of measuring the creditworthiness of a debt issuer

3- The long-term global rating scale at Fitch contain nine grades and goes from the highest grade to the lowest grade (in increasing order of riskiness)

Choose the correct answer using the code given below:

A- Only 1,2

B- Only 2

C- Only 3,2

D- All of the Above

MCQ Source – 16th November 2018, The Hindu Newspaper, Page-13  
Topic-Page-13 Fitch retains rating for India

Ans-C

Exp-

**Why in news?** Refusing to upgrade *India's credit rating* for the 12th year in a row, Fitch today retained its sovereign rating at 'BBB-', the lowest investment grade with a stable outlook.

## **CREDIT RATINGS:**

- Also called debt rating, this is a method of measuring the creditworthiness of a debt issuer.
- The ratings provided by the main credit rating agencies, Moody's Investors Service, Standard & Poor's (S&P) and Fitch, evaluate issuers worldwide and are very closely followed.

- A top rating means there is almost no likelihood of the borrower failing to meet interest payments or full redemption of the issue.
- Credit ratings are opinions expressed on an alphanumeric scale on the relative ability and willingness of a debt issuer to meet financial commitments.
- Credit ratings published by the main global rating agencies aim to provide ratings that are objective and transparent, as well as consistent and comparable across instruments, maturities, industries and countries.
- Some sectors, maturities and countries have their own specific rating scales.
- The long-term global rating scale at S&P and Fitch contain nine grades and goes from the highest grade to the lowest grade (in increasing order of riskiness): AAA, AA, A, BBB, BB, B, CCC, CC, C.
- For Moody's, the scale contains nine grades and goes from the highest grade to the lowest grade (in increasing order of riskiness): Aaa, Aa, A, Baa, Ba, B, Caa, Ca, C.
- All three global credit rating agencies, for each full grade other than AAA (or Aaa), CC (or Ca), or C, include a positive, neutral or negative modifier for Fitch and S&P or a numerical modifier for Moody's.
- This brings the nine point rating scale to a 21 point scale. For instance, for the AA grade there are AA+, AA, AA- or Aa1, Aa2, Aa3.
- Government credit ratings take into account three main elements which are:
  - Public debt as a percentage of gross domestic product
  - the budget deficit (the amount government spending exceeds income)
  - debt affordability (interest costs as a percentage of revenue)

**India's latest rating by Fitch:**

- Fitch, in 2018, has retained its sovereign rating at 'BBB-', the lowest investment grade with a stable outlook, saying that weak fiscal balances continue to constrain its ratings.
- The government had made a strong pitch to Fitch Ratings for an upgrade after rival Moody's Investors Service last November gave the country its first sovereign rating upgrade since 2004.
- Fitch had last upgraded India's sovereign rating from BB+ to BBB- with a stable outlook on August 1, 2006.
- Fitch Ratings has affirmed India's Long-Term Foreign-Currency Issuer Default Rating (IDR) at 'BBB-' with a stable outlook.
- India's rating balances a strong medium-term growth outlook and favourable external balances with weak fiscal finances and some lagging structural factors, including governance standards and a still-difficult, but improving, business environment.
- Weak fiscal balances, the Achilles' heel in India's credit profile, continue to constrain its ratings.
- India has the highest medium-term growth potential among the largest emerging markets, according to a recent Fitch

Q-Consider the following statements regarding Fitch Credit Rating consider while govt credit rating

1-Fitch uses 4 main elements while giving any credit ranking to any country.

2- while giving credit ranking to any country, Fitch uses Public debt as a percentage of Net National product

Select the correct answer using the code given below

A- Only 1

B- Only 2

C- Both are Correct



D- None of the Above

Ans-D

MCQ Source – 16th November 2018, The Hindu Newspaper, Page-13  
Topic-Page-13 Fitch retains rating for India

Q-Consider the following statements about 'Opioid substitution therapy'

1. It supplies illicit drug users with a replacement drug
2. The driving principle behind this therapy is that the patient experiences reduced symptoms of drug withdrawal and less intense drug cravings

Select the correct answer using the code given below

- A- Only 1
- B- Only 2
- C- Both are Correct
- D- None of the Above

MCQ Source- World Health Organization website  
<http://www.who.int/bulletin/volumes/89/4/11-086850/en/>

Ans-C

Exp-

- Opioid replacement therapy (ORT), also called opioid substitution therapy or opioid maintenance therapy, is a drug therapy that involves replacing an opioid, such as heroin, with a longer acting but less euphoric opioid. Commonly used drugs for ORT are methadone or buprenorphine which are taken under medical supervision.

- The driving principle behind ORT is the program's capacity to facilitate a resumption of stability in the user's life, while the patient experiences reduced symptoms of drug withdrawal and less intense drug cravings; a strong euphoric effect is not experienced as a result of the treatment drug.
- Opioids are substances that act on opioid receptors to produce morphine-like effects. Medically they are primarily used for pain relief, including anaesthesia.
- Opioid use disorder is a medical condition characterized by a problematic pattern of opioid use that causes clinically significant impairment or distress. It often includes a strong desire to use opioids, increased tolerance to opioids, and withdrawal syndrome when opioids are abruptly discontinued. Addiction and dependence are components of a substance use disorder and addiction represents the most severe form of the disorder. Opioid dependence can manifest as physical dependence, psychological dependence, or both.
- Opioids include substances such as morphine, heroin, codeine, and oxycodone.

Q-Sometimes often seen a word "Johad" in news. It related to

- A. Traditional rainwater harvesting system
- B. Self-immolation ritual in medieval India

- C. Martial art from central India
- D. Type of handicraft in Western India

MCQ

Source -

<http://www.rainwaterharvesting.org/rural/traditional1.htm>

Ans- A

EXP:

- Johads are small earthen check dams that capture and conserve rainwater, improving percolation and groundwater recharge. They are usually used in Haryana & Rajasthan where rainfall is very less. Rainwater is stored in Johads and used throughout the year for drinking purpose.
- Johads were used extensively by the NGO, 'Tarun Bharat Sangh' by Rajendra Singh which led to the revival of Alwar district of Rajasthan.

Q-Consider the following statements about Atal Bhujal Yojana

1. It is conceived to arrest the rampant overuse of groundwater in India
2. It is supported by the World Bank
3. It is a sub-scheme under National Groundwater Management Improvement Scheme

Select the correct answer using the codes given below.

A-Only 1,2

B- Only 2,3

C- Only 1,3

D-All of the Above

MCQ Source- Analyzing Previous month important event in PIB News <http://pib.nic.in/newsite/PrintRelease.aspx?relid=179796>

Ans-A

Exp-

- Atal Bhujal Yojana is an ambitious plan aimed at efficient management of available water resources. Atal Bhujal Yojana will focus on demand side management (how to meet requirements by minimum use of water).
- The emphasis of the scheme will be on recharge of ground water sources and efficient use of water by involving people at the local level.
- The half of the fund of 6000 crore will be supported by a world bank loan of 3000 crore and the rest will be funded by central government.
- It would initially be implemented with community participation in Gujarat, Maharashtra, Haryana, Karnataka, Rajasthan, Uttar Pradesh and Madhya Pradesh. The ministry had initially conceptualised the National Groundwater Management Improvement Scheme (NGMIS) in response to the budget announcement of 2016-17. However, the NGMIS was shot down by the expenditure finance committee in May 2017, recommending that the ministry recast the scheme with a composite proposal. The scheme has since been recast and renamed as Atal Bhujal Yojana. The Centre does not have any control over groundwater. The only law that deals with groundwater – the Indian Easements Act – dates back to 1882. This law states that

water below the surface belongs to the land owner. In the past several years, 13 states have bought their own law to regulate groundwater extraction but implementation has been patchy.

Q-Consider the following statements regarding United Nations' Food and Agriculture Organisation (FAO)

1-FAO was established in 1955

2-FAO is specialised agency of the United Nations that leads international efforts to defeat hunger.

3-Its parent organization is UN Economic and Social Council (UNESCO).

4-Its motto is "Let there be No Hunger".

Choose the correct answer using the code given below:

A- Only 1,2

B- Only 2,3

C- Only 3,2,4

D- Only 1,2,4

MCQ Source – 15th November PIB News Analysis Topic-Network for Development of Agricultural Cooperatives in Asia and the Pacific (NEDAC) sets agenda for Cooperatives to cooperatives trade

Ans-B

Exp-

It is neutral forum serving both developed and developing countries where all nations meet as equals to negotiate agreements and debate policy. It was established on 16 October 1945 and its headquarters are in Rome, Italy. Its motto is

“Let there be bread”. It has 194 member states, along with the European Union (member organization). FAO meet the demands posed by major global trends in agricultural development and challenges faced by member nations. It helps countries in transition modernize and improve agriculture, forestry and fisheries practices, ensuring good nutrition and food security for all.

Q-Consider the following statements regarding United Nations' Food and Agriculture Organisation (FAO)

- 1- FAO commitment to Sustainable Development Goal (SDG) 2 – to achieve Zero Hunger by 2030
- 2- FAO theme for this year was: 'Our actions are our future – A zero hunger world by 2030 is possible'.

Select the correct answer using the code given below

- A- Only 1
- B- Only 2
- C- Both are Correct
- D- None of the Above

Ans-C

MCQ

Source -

<http://www.fao.org/news/story/en/item/1161247/icode/>

MCQ Source – 15th November PIB News Analysis Topic-Network for Development of Agricultural Cooperatives in Asia and the Pacific (NEDAC) sets agenda for Cooperatives to cooperatives trade

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# **CHAPTER-II MAJOR APPROACHES TO THE HISTORY OF MODERN INDIA : Mains Answer Writing Practice Squad**

## **CHAPTER-II**

### **MAJOR APPROACHES TO THE HISTORY OF MODERN INDIA**

- 1. What is historiography? And how did they provide recognition of the intellectual context of history?**