

# DAY-18 : 1st January 2019 : Daily target Study time table for UPSC aspirants

## DAY-18 : 1st January 2019

### Daily target Study time table for UPSC aspirants

HELLO aspirants , after 31<sup>st</sup> night may be some aspirants cannot wake up properly ( due to late night sleep or etc ) and may be u hv some work on 1<sup>st</sup> jan 2019 (becz usually aspirants having some work on 1<sup>st</sup> jan ... so don't worry we will try to give u limited Shift Study time table itself..but Be ready on tomrw ( 2nd Jan) ☐

*Motivation of the day -*

*"It does not matter how slowly you go as long as you do not stop*

# **DAY-18 : Target time table For Freshers**

**Shift -1 (target time 2+1 hours)**

**Chapter-33. State Legislature**

**Do single reading only ..+ one more time revision**

**It's a very important topic for UPSC prelims**

**Let start with ( HIT THE HARD Concept) Revision of Spectrum book in shift -1**

**Chapter-14 : First World War And Nationalist Response**

**Chapter-15 ( read our short notes 2 times ) now u MUST be recall all points in 2<sup>nd</sup> revision ( if u cannot recall points**

**+**

**Same for Hindi medium too**

### **Shift-2 Newspaper ( 1.30 hours Max)**

( refer our The hindu analysis ) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

### **Shift-3 ( 2 to 3 Hours )**

Your optional subject

### **Shift-4 ( 2+1 hours )**

**Start with modern history CHAPTER-5 : Expansion And Consolidation Of British Power In India**

**Read first our short notes + after that read original book**

**First read our short notes ( one time) and after that read original book single reading only**

Boss very important chatper.. upsc asked enough questions from this chapter .. so dimaag khol ke padhna , gasitaa nahi marna

**for Hindi Medium CHAPTER-5 : Expansion And Consolidation Of British Power In**

# India

read original book

Rest take off. Due to 1<sup>st</sup> jan 2019

## Day -18 : Daily Time Table for Experienced Aspirants

**Shift -1 : (Time target 2 hours)( ENG+HINDI MEDIUM)**

( your mains optional Subject) at least start with your revision once again ( start with Unit-1 to till last unit) .. this pattern will go with you till 31<sup>st</sup> Jan 2019 with 2 times revision atleast ).. so shift 1 has been booked from our side till 31<sup>st</sup> jan 2019)

Q- why shift -1 for Mains Optional Subject ?...Ans becuz optional play important role boss .. (those who finished revision in previous month try to do answer writing practice. try to enrich your points along with current affairs ) ( becuz optional will give u super edge in mains exam)

**Shift-2 (target time -> 2+1 hours)( ENG+HINDI MEDIUM)**

**polity laxmikant start with Below Chapters**

45. Finance Commission
46. National Commission for SCs
47. National Commission for STs
48. Special Officer for Linguistic Minorities
49. Comptroller and Auditor General of India
50. Attorney General of India
51. Advocate General of the State
52. NITI Aayog

See from chapter-45 to 51 can be finished with in 90 mints ( u knew it )

Chapter 52 little bit long..but can be finish with in 1 hour

**Read it and after that revise one more time**

**All are important chatpers for prelims point of view .. hot topic is CAG and Finance Commision ( bez it was news in November too)**

**Shift-3 Newspaper ( 80 mints Max)**

**(refer our The hindu analysis) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)**

**Shift-4 Spectrum ( time 2 hours) ( ENG+HINDI MEDIUM)**

**Modern History Desire IAS short Notes ( no need to read original spectrum book this time..we will cover it later) start with**

Chapter 27 Survey Of British Policies In India

Chapter-28 : Economic Impact Of British Rule In India

Chapter-33 : Challenges Before The New Born Nation

**... Do revision 3 times within 2 hours .. becz it's a very factual chapter ( and very important for prelims + mains)**

**Now on this stage u must recall all points**

**For hindi medium**

**Same**

**Try to complete this chapter within 2 hours . and try to focus on recall process**

**This type of pattern u need to follow**

## **Shift-5 Ethics ( 2 hours) ( ENG+HINDI MEDIUM)**

### **English Medium**

**Lexicon Start with ethics Chapter-4 Emotional Intelligence**

**finished this chapter today itself and try to analysis all points**

**After that think it .. what u have learnt in these pages .. after that read our short notes of chapter chapter-3**

### **Hindi medium**

**Note- after 2 days we are going to cover abhay kumar book or lexicon book in hindi .. try to arrange it your self**

**See first time we finished desire ias notes**

**Now this is second time we need to finish desire ias notes**

**Read page -61 to 100 .. just revise it .. don't focus on recall process yet. We will tell u later why we r not forcing on recall process yet**

**Rest take off**

## **DAY-18 : Housewife's, part timers-**

# college aspirants (total hours 6 to 7 hours)

## Shift -1 (target time 1+1 hours)

- 26. Supreme Court
- 27. Judicial Review

So single reading and revise one more time

## Shift -2 (Time 1.30 hours)( ENG+HINDI MEDIUM)

(refer our The hindu analysis) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

## Shift-3 (2 hours ) ( ENG+HINDI MEDIUM)

Start with Chapter- Chapter-1: Sources For The History Of Modern India

Chapter-2: Major Approaches To The History Of Modern India

Read it our short notes first after that read original book ( 2 times reading )

hindi medium Same



rest enjoy 1<sup>st</sup> jan becuz more guest can be come to meet with u

## **Day-18: Working aspirants Daily Targets (only 4.30 to 5 hours in day)**

**Shift -1 Early morning ( target Time 1+1+1 hours)( ENG+HINDI MEDIUM)**

23. Parliamentary Committees
24. Parliamentary Forums
25. Parliamentary Group
26. **Supreme Court**

Do single reading .. along with serious reading ( don't worry we will try to provide u notes of polity ..so just underline all stuff.. don't make notes )

+ revise chapter-22 ( MUST.. don't give any excuses to us)

**Shift -2 (Target Time 60 mints) ( ENG+HINDI MEDIUM)**

focus more on our The Hindu Daily analysis (what to read and what not to read ,,and try to make online notes( do copy and Paste) try to complete within one hours ( focus more on editorials + case study+ notes for mains )

*Rest all targets for those aspirants who have day off on 1<sup>st</sup> jan*

*Usually in private sector some office remain open on 1<sup>st</sup> jan .. so its difficult for us also to make timetable for us*

*Shift 3 to 5 ( Target time 2 to 3 hours Each Shift ..)*

*Those having dayoff .. u need to focus on your optional subject... try to cover ur course as u can ... break this shift in 3*

*parts .. and try to cover ur optional*

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**Polity M.Laxmikanth :  
Chapter-9 to 11: Fundamental  
Duties, Amendment of the  
Constitution & Basic  
Structure of the Constitution  
CURX or Quick Revision Notes(  
IAS Notes)**

**Polity M.Laxmikanth : Chapter-9 to  
11 : Fundamental Duties, Amendment  
of the Constitution & Basic  
Structure of the Constitution CURX**

**or Quick Revision Notes( IAS Notes)**

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**Polity M.Laxmikanth :  
Chapter-9 to 11 : Fundamental  
Duties,Amendment of the  
Constitution & Basic  
Structure of the Constitution  
Summary Notes (Short Or  
Revision Notes) ( IAS Notes)**

**Polity M.Laxmikanth : Chapter-9 to 11 : Fundamental Duties, Amendment of the Constitution & Basic Structure of the Constitution Summary Notes (Short Or Revision Notes)**

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**Polity M.Laxmikanth : Chapter-8 : Directive Principles of State Policy (DPSP) (CRUX Notes) (Short Or Revision Notes)**

**Polity M.Laxmikanth : Chapter-8 :**

# **Directive Principles of State Policy (DPSP) (CRUX Notes) (Short Or Revision Notes)**

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**Polity M.Laxmikanth :  
Chapter-8 : Directive  
Principles of State Policy  
(DPSP): Summary Notes (Short  
Or Revision Notes)  
Fundamental Rights**

**Polity M.Laxmikanth : Chapter-8 :**

# Directive Principles of State Policy (DPSP): Summary Notes (Short Or Revision Notes) Fundamental Rights

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## List of DPSPs under Indian Constitution

Article Number	What it says
Article 36	Defines State as same as Article 12 unless the context otherwise defines.
Article 37	Application of the Principles contained in this part.
Article 38	It authorizes the state to secure a social order for the promotion of the welfare of people.
Article 39	Certain principles of policies to be followed by the state.
Article 39A	Equal justice and free legal aid.
Article 40	Organization of village panchayats.
Article 41	Right to work, to education and to public assistance in certain cases.

Article 42	Provision for just and humane conditions of work and maternity leaves.
Article 43	Living wage etc. for workers.
Article 43-A	Participation of workers in management of industries.
Article 43-B	Promotion of cooperative societies.
Article 44	Uniform civil code for the citizens.
Article 45	Provision for early childhood care and education to children below the age of six years.
Article 46	Promotion of education and economic interests of SC, ST, and other weaker sections.
Article 47	Duty of the state to raise the level of nutrition and the standard of living and to improve public health.
Article 48	Organization of agriculture and animal husbandry.
Article 48-A	Protection and improvement of environment and safeguarding of forests and wildlife.
Article 49	Protection of monuments and places and objects of national importance.
Article 50	Separation of judiciary from the executive.
Article 51	Promotion of international peace and security.

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**Polity M. Laxmikanth :  
Chapter-7 : Fundamental**



# **Rights (CRUX Notes) (Short Or Revision Notes)**

**Polity M.Laxmikanth : Chapter-7 :  
Fundamental Rights (CRUX Notes)  
(Short Or Revision Notes)**

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**Polity M.Laxmikanth :  
Chapter-7 : Fundamental  
Rights Summary Notes (Short**

**Or Revision Notes)  
Fundamental Rights**

**Polity M.Laxmikanth : Chapter-7 :  
Fundamental Rights Notes Summary  
(Short Or Revision Notes)  
Fundamental Rights**

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**31st December 2018: The Hindu  
Analysis : What to Read &  
What to Skip**

**The Hindu Analysis**  
**What to Read & What to Skip**  
**31th December 2018**  
[www.DesireIAS.com](http://www.DesireIAS.com)

**Just Read These News, No need to Make Any Notes**

Front Page-Topic- PM Sheikh Hasina set for a landslide win in Bangladesh (GS-2)  
Front Page- Topic- Triple talaq Bill likely to face stiff resistance in RS (GS-2,GS-1)  
Page-11 Topic-'No agency has licence to snoop ( GS-3)  
Page-11 Topic Pak. beefing up border armoury (GS-3,GS-2)  
Page-13 Topic- CAIT flags 'undue pressure by lobbies' against ecom rules ( GS-3)  
Page- 14 Topic- GST: revenues stabilising, compliance increasing (GS-3)

**Reading these News along with making Notes : 20 to 70 Words for Each Topic**

Page-2 Topic- Braille calendars reach users in Odisha (GS-2)  
Page-3 Topic- Pradhan launches sanitary pad-making initiative (GS-1)  
Page-10 Topic- CIC slams Home Ministry for denying information (GS-2)  
Page-11 Topic- Hard lesson: funds not enough to attract teachers to government schools (GS-2)  
Page-13 Topic- Robust GDP growth to continue: CII ( GS-3)  
Page-13 Topic- Banklike norms will hinder NBFC growth ( GS-3)  
Page-13 Topic- Of financial debacles and rating agency models ( GS-3)

**Case Study or Examples or Quotes for Mains Exam (Make Notes : 20 to 30 Words)**

Front Page- Topic: VC's 'incendiary' speech sparks row (GS-2)  
Page-3 Topic- China Case Study in Poverty ( GS-2)  
Page-6 Topic- Now, Agra farmers lock up stray cattle in schools, health centres (GS-1,GS-2)

**Editorials (Notes making less than 100 Words)**

Page-8 : Topic Mind the gap (GS-3)( Just Read it)  
Page-8 Topic- HIV reality check ( GS-2,GS-3) (Just Read it)  
Page-8 Topic- Lifelines beyond farm loan waivers ( GS-3) (Make Notes)  
Page-9 Topic-Navtej Johar, a verdict for all times ( GS-2,GS-1)( Make Notes)  
Page-9 Topic Plan before making a bid ( GS-3 )( Make Notes)  
Data – make Notes

**Some Numbers or Facts for Mains Exam( If Its Possible for You, Can be Quoted in Any Sections of GS Mains Or Your Optional Subject)**

Nothing Found

**LATEST UPDATE**

Page-13 Topic- Solar industry demands uniform 5% GST rate

**Prelims News**

**Prelims News Topic in Page – Nothing Found**

**Some topic also found In Today Newspaper which is important for prelims**

Topic- National Disaster Response Force (NDRF) (Page-7)

Topic-GPS enabled MStripe, ( Page-11)

Topic- credit rating agencies (CRAs) in india ( Page-14)

**Mapping for Prelims**

Andaman and Nicobar Islands ( Page-11)

# DAY-17 : 31th December 2018 : Daily target Study time table for UPSC aspirants

DAY-17 : 31<sup>th</sup> December 2018

Daily target Study time table for  
UPSC aspirants

*Motivation of the day –*

*Life has two rules: 1) Never quit. 2) Always remember Rule #1.*

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DAY-17 : Target time table For  
Freshers

**Shift -1 (target time 1+1 hours)**

**Chapter-30 Governor**

**Chapter 31. Chief Minister**

**Chapter-32. State Council of Ministers**

**Do single reading only ..+ one more time revision**

**Ur focus more on Chapter -30**

**Shift -2 ( target time 2 hours)**

**Let start with ( HIT THE HARD Concept) Revision of Spectrum book in shift -1**

**Chapter-12 : Era Of Militant Nationalism ( 1905-1909)(Spectrum Book – A Brief Modern History of India – Short Notes) ( read our short notes 2 times ) now u MUST be recall all points in 2 revision of chapter 12**

**+**

**Chapter-13 : First Phase Of Revolutionary Activities do same**

**Same for Hindi medium too**

### **Shift-3 Newspaper ( 1.30 hours Max)**

( refer our The hindu analysis ) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

### **Shift-4 ( 2 hours )**

Start with modern history CHAPTER-4 : INDIA ON THE EVE OF BRITISH CONQUEST

Read first our short notes + after that read original book

First read our short notes ( one time) and after that read original book single reading only

for hindi medium.. CHAPTER-4 : INDIA ON THE EVE OF BRITISH CONQUEST

read original book

Rest take off. Due to 31<sup>st</sup> December night .. ( becz may be some aspirants busy with party )

Those who are not celebrating new year eve ..u can do September current affair revision or u can finish ur backlogs

## **Day -17 : Daily Time Table for Experienced Aspirants**

**Shift -1 : (Time target 2 hours)( ENG+HINDI MEDIUM)**

( your mains optional Subject) at least start with your revision once again ( start with Unit-1 to till last unit) .. this pattern will go with you till 31<sup>st</sup> Jan 2019 with 2 times revision atleast ).. so shift 1 has been booked from our side till 31<sup>st</sup> jan 2019)

Q- why shift -1 for Mains Optional Subject ?...Ans becz optional play important role boss .. (those who finished revision in previous month try to do answer writing practice. try to enrich your points along with current affairs ) ( becz optional will give u super edge in mains exam)

**Shift-2 (target time -> 2+1 hours)( ENG+HINDI MEDIUM)**

polity laxmikant start with Below Chapters

1. Union Territories
2. Scheduled and Tribal Areas

3. Election Commission
4. Union Public Service Commission
5. State Public Service Commission

Read it and after that revise one more time

Ur focus more on Election Commission+Scheduled and Tribal Areas It's a very important topic for upsc prelims

### **Shift-3 Newspaper ( 80 mints Max)**

(refer our The hindu analysis) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

### **Shift-4 Spectrum ( time 2 hours) ( ENG+HINDI MEDIUM)**

Modern History Desire IAS short Notes ( no need to read original spectrum book this time..we will cover it later)  
start with

Chapter-26 : Constitutional,Administrative And Judicial Developments

Chapter-32 : The Movement Of The Working Class

... Do revision 2 times within 2 hours .. becz it's a very



**factual chapter ( and very important for prelims + mains)**

**Now on this stage u must recall all points**

**For hindi medium**

**Chapter-26 : Constitutional,Administrative And Judicial Developments**

**Chapter-32 : The Movement Of The Working Class**

**Try to complete this chapter within 2 hours . and try to focus on recall process**

**This type of pattern u need to follow**

**Shift-5 Ethics ( 1.30 hours) ( ENG+HINDI MEDIUM)**

**English Medium**

**Lexicon Start with ethics chapter 3 – Aptitude and**

## Foundational Values for Civil Service

finished this chapter with in 2 days ( this is your 2nd day)

After that think it .. what u have learnt in these pages ..  
after that read our short notes of chapter 2

Hindi medium

Note- after 2 days we are going to cover abhay kumar book or  
lexicon book in hindi .. try to arrange it your self

See first time we finished desire ias notes

Now this is second time we need to finish desire ias notes

Read page -31 to 60 .. just revise it .. don't focus on  
recall process yet. We will tell u later why we r not forcing  
on recall process yet

**Rest today 31<sup>st</sup> December eve. Enjoy the party**

**DAY-17 : Housewife's, part timers-**

# college aspirants (total hours 6 to 7 hours)

## Shift -1 (target time 1+1 hours)

23. Parliamentary Committees
24. Parliamentary Forums
25. Parliamentary Group

So single reading and revise one more time

## Shift -2 (Time 1.30 hours)( ENG+HINDI MEDIUM)

(refer our The hindu analysis) and complete the newspaper within 90 mints with note making if possible for u ( ur focus must be on front page+ national news+ editorials + business news+ IR)

## Shift-3 (2 hours ) ( ENG+HINDI MEDIUM)

Start with Chapter-25 :Independence With Partition

Read it from original book

hindi medium

same -Start with Chapter-25 :Independence With Partition and try to underline important stuff.. and try to complete it today ..

rest enjoy 31<sup>st</sup> December eve

## **Day-17: Working aspirants Daily Targets (only 4.30 to 5 hours in day)**

**Shift -1 Early morning ( target Time 1+1 hours)( ENG+HINDI MEDIUM)**

Finished chapter 22 (rest topics)

Do single reading .. along with serious reading ( don't worry we will try to provide u notes of polity ..so just underline all stuff.. don't make notes )

**Shift -2 (Target Time 60 mints) ( ENG+HINDI MEDIUM)**

focus more on our The Hindu Daily analysis (what to read and what not to read ,,and try to make online notes( do copy and Paste) try to complete within one hours ( focus more on

editorials + case study+ notes for mains )

Rest we know that office wale .. go for party and enjoy.. we  
knw that u will not get a time to read so enjoy 31<sup>st</sup> December  
eve

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**Polity M.Laxmikanth :  
Chapter-6 : Citizenship (CRUX  
Notes) (Short Or Revision  
Notes)**

**Polity M.Laxmikanth :  
Chapter-6 : Citizenship (CRUX  
Notes) (Short Or Revision  
Notes)**

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